

# AGE-SPECIFIC ADL/IADL ANSWER CHOICES FOR CHILDREN'S LONG TERM SUPPORTS PROGRAMS

Age: 36 Months – 4 Years

## ADL

### Bathing

36 months to 4 years

- ☐ Needs adaptive equipment.
- ☐ Is combative during bathing (e.g., flails, takes 2 caregivers to accomplish task).
- ☐ None of the above apply.

### Grooming (brushing teeth, washing hands and face)

36 months to 4 years

- ☐ Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- ☐ None of the above apply.

### Dressing

36 months to 4 years

- ☐ Does not assist with dressing, such as helping to place arms in sleeves or legs into pants.
- ☐ Unable to undress self independently.
- ☐ None of the above apply.

### Eating

36 months to 4 years

- ☐ Receives tube feedings or TPN.
- ☐ Requires more than three hours per day for feeding or eating.
- ☐ Needs to be fed.
- ☐ Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- ☐ None of the above apply.

### Toileting

36 months to 4 years

- ☐ Has no awareness of being wet or soiled.
- ☐ Does not use toilet/potty chair when placed there by a caregiver.
- ☐ None of the above apply.

### Mobility

36 months to 4 years

- ☐ Does not walk or needs physical help to walk.
- ☐ Uses a wheelchair or other mobility device not including a single cane.
- ☐ None of the above apply.

### Transfers (does not include bathtub or shower)

36 months to 4 years

- ☐ Needs physical help with transfers.
- ☐ Uses a mechanical lift.
- ☐ None of the above apply.

## ***IADL***

### **Communication**

36 months to 4 years

- ☐ Assessment or evaluation within the last year indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on a norm referenced tool in receptive and expressive language.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: \_\_\_\_\_

- ☐ Uses adaptive equipment to communicate.
- ☐ Does not use at least 50 words.
- ☐ Does not use "my" or "mine" to indicate possession.
- ☐ Does not follow a series of two simple related instructions.
- ☐ None of the above apply.

### **Learning**

36 months to 4 years

- ☐ Assessment or evaluation within the last year indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on norm referenced tool in cognitive development.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: \_\_\_\_\_

- ☐ Does not connect a familiar action with an expected outcome (e.g., starting the water means a bath or shower).
- ☐ Does not group objects by category (e.g., dogs and cats are animals).
- ☐ Does not identify objects in pictures.
- ☐ Does not maintain an attention span of at least three minutes for an enjoyable activity (not including self-stimulating behavior).
- ☐ None of the above apply.